

Flash Frozen Prepared Meals Delivered Nationwide!

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Delicious

Nutritious

Convenience

Started in 2005, MagicKitchen.com aims to make your in-home dining experience easier and healthier.

SEND

HomeStyle Meals

TO A LOVED ONE



Started in 2005, MagicKitchen.com aims to make your in-home dining experience easier. We offer two menus to better meet your specific meal needs. Our A La Carte Menu offers entrées, side dishes, soups & breads, and desserts perfect for pairing together a full meal or for supplementing inhome partial meal preparation with ease in mind. The meals in the Complete Meals Menu are easily prepared, nutritionally-balanced meals designed to meet a variety of special diets.

Delicious – Nutritious – Convenience with great customer service is our motto! We don't believe in contracts, so order just once or on a regular basis, we believe in helping you meet your specific meal needs. Taste the difference and experience the ease of meal preparation with MagicKitchen.com.

Bon Appétit from the Staff of MagicKitchen.com.

What people are saying...

My dad is so cute; I couldn't get him to tell me if this was pudding or ice cream (Magic Cups)...but he loved it and that's fine for me. - Mary C S. **Healthier Desserts**

Perfect for elderly parent! We ordered meals for our elderly mother, who is not quite ready to give up her independence, but was no longer comfortable cooking for herself. She absolutely loves all the meals and is looking forward to her next delivery! Delicious and convenient. - Allison M. Complete Meals

I bought the bread pudding as a birthday gift and it was a huge success. He said it tasted just like he remembers from Jamaica. - Melissa C. A La Carte Menu

Momma's Happy! I honestly can't say enough about this company, especially over the course of this last year. They are a welcomed relief in providing great meals for my 91-year old picky Italian mother! As the saying goes... If Momma's Happy Everybody's Happy! Well....Momma's Happy! - Tina S. Complete Meals

My Mom eats now!!! My 80 year old mother has moved in with me. I don't cook and live alone. My mom is old school and she looks forward to dinner with MagicKitchen.com. She also loves to help pick her meals on the website. I don't have to force protein drinks down her any longer. The pricing is great and in her budget. - Pamela G. Complete Meals

I have used MagicKitchen.com to send meals instead of flowers. I love the idea of being able to provide a meal for a family even though we may not live close enough for me to cook it myself. Every time I have used MagicKitchen. com I have received many compliments on taste and quality. I am so happy I found a company to help me extend love and hospitality even though distance is an issue. - Jamie F. A La Carte Menu

Table of Contents

ALACARTEMENU

Gifts	3
Main Courses	
Soups & Breads	4
Magic Skillets	5
Meat	6
Poultry	7
Pasta & Other Items	8
Seafood	8
Sides	9
Desserts	10

COMPLETE MEALS MENU

Complete Meals	

- Senior Meals
- Portion Controlled Meals
- Low Sodium Meals
- Low Fat Meals
- Diabetic Friendly Meals
- Renal Meals (CKD Stages 3 & 4)
- Dialysis Friendly Meals
- Low Carbohydrate Meals
- Heart Healthy Meals
- Gluten Free Meals

More meal options available on our website.





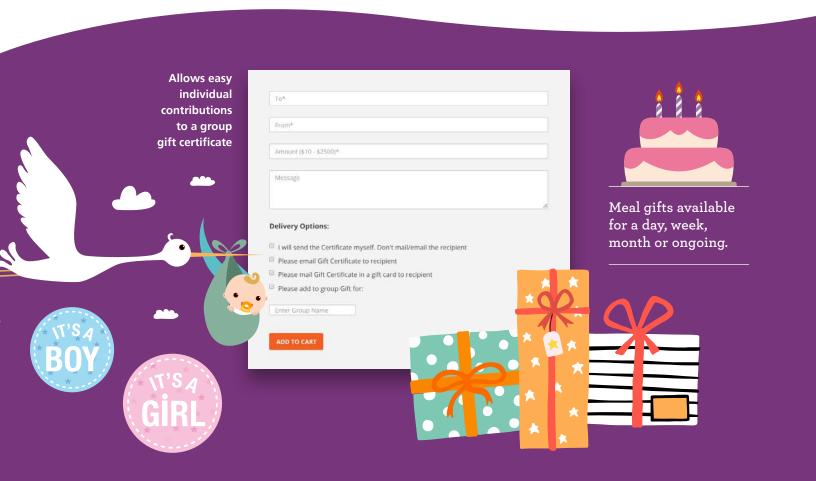




Many more options are available on the website!

⇒ Gift Certificates & Group Gift Certificates

Visit www.magickitchen.com/gift/gift-certificates.html or call 1-877-516-2442 to order!



soups & breads

SOUP FOR THE SOUL BUNDLES

- **▶ SOUPS ONLY** \$104.99 All 7 soups/stews (2 svgs each)
- ▶ SOUPS WITH BREADS \$159.99 All 7 soups & breads (2 svgs each)

MINI SOUP FOR THE SOUL BUNDLES

✓ = soups included
✓ = breads included

▶ SOUPS ONLY \$74.99 5 soups/stews (2 svgs each) ► **SOUPS WITH BREADS** \$104.99 5 soups & breads (2 svgs each)



2 \$11.99 4 \$22.99

13 **(**5

Broccoli, Mushroom & Zucchini Soup 🗸 Exotic, colorful, delicious! (10 oz.)





2 \$11.99 4 \$22.99

Many Bean Soup 🗸 6 different beans, ham, zesty tomatoes and our own spices make 13 03 this hearty soup a family favorite. (10 oz.)



2 \$11.99 4 \$22.99

13 (6)

(1)

Tomato Basil Bisque 🗸 Italian spices, a hint of milk (lower fat than cream), and a little thickener make this bisque a meal! Nothing better on a rainy day. (10 oz.)



2 \$11.99 4 \$22.99

13 **0**7 B

Vegetable Barley Soup with Beef 🗸 Fresh vegetables and barley with beef simmered in a rich beef broth. (10 oz.)



2 \$11.99 4 \$22.99

Vegetable Rice with Chicken Soup The ultimate comfort food, here at last, created by our chefs to cure colds, make your tummy feel good, and warm you up. (8 oz.)



2 \$16.99 4 \$32.99

(

Vegetable Stew Fire-roasted garden-fresh tomatoes, fresh vegetables, and spices make for a healthy, hearty and heart-friendly vegetable stew. (12 oz.)



4 \$15.49 LS V

2 \$7.99

The best muffin you'll ever eat... a little bit sweet and a little bit savory.

Carrot-Zucchini Muffin 🗸



Cornbread Blueberry 🗸 2 \$8.49 **Toaster Cakes**

As a side or a dessert, these easy delicious cakes are a hit!



2 \$3.99 4 \$7.49

French Bread 🗸 Crispy and crusty on the outside, chewy and tender on the inside... try our classic French baquette! (3 oz.)



2 \$4.49

4 \$8.49 13 🕡

Fresh Herb FocacciaBread 🗸 A flat oven baked Italian bread flavored with fresh herbs and olive oil. (4 oz.)



RC V

Pesto & Cheese Flatbread Basil, mozzarella cheese, freshly made flatbread, all hot out of the oven. Yum. (6 oz.)



2 \$13.99 4 \$26.99 15 03

Verdura Gourmet Artisan Flatbread with Kalamata Olives A light vegetable pizza. Makes a great snack or a light meal. (5.7 oz.)

2 \$3.99 **4** \$7.49

13 03 **(IS**)

Whole Grain Rolls 🗸 These tasty yet healthy rolls are perfect as dinner rolls or alongside our incredible soups! (2.6 oz.)

Packaged in 1-Serving Containers

= Dairy Free

LF = Low Fat (3g or less of fat per 100g)

LC = Low Carb (< 9g of carbs per 100g of food); Complete Meals < 25 net carbs

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For gluten free items see our website.

magic skillets

New!

Our kitchens create some of your favorite meals like Beef Stroganoff, Prime Rib Roast, and Surf and Turf. Then they deep-flash-freeze them. This procedure locks in the fantastic flavors our chefs impart to the dishes after long cooking using quality ingredients and all their expertise and talent. And all you have to do is drop the frozen nuggets in a skillet and heat them up to recreate that high-quality dish!



meat



2 \$32.99 4 \$62.99

Balsamic BBQ Pork Shank (Sous Vide)

Fully cooked, flash frozen and delivered to your door, this succulent braised pork shank will become one of your favorite meals!



2 \$29.99 Beef Bourguignon 4 \$58.99

Tender beef and vegetables in a rich flavorful red wine sauce cooked to perfection. (11 oz.)



2 \$39.99 4 \$73.99

C

Braised Lamb Shank (Sous Vide)* Braised Lamb Shank, slowly cooked to perfection. You just heat and eat for a gourmet experience! (14.5 oz.)

California Beef Stew



2 \$28.99

4 \$56.99

15 07 ß

This beef stew features tomatoes, red wine and Mirepoix to flavor and enrich the gravy. The beef is mouth-wateringly tender, the sauce rich and flavorful. (10 oz.)



2 \$25.99 4 \$49.99

13 📭

C

Beef Brisket, Sliced A beautiful brisket, trimmed, cooked and hickory smoked, and sauced with a light hand. (8 oz.)



2 \$23.99 4 \$45.99

OF CC

Corned Beef* Tender, lean, juicy corned beef. Who could ask for anything more? (6 oz.)



2 \$17.99 Meat Lasagna

4 \$34.99 8 \$41.99

13 (6

Stuffed with premium cheeses and beef, layered with Italian Marinara.



4 \$19.49

Beef Pierogi Delicate dumplings filled with a savory beef mixture. (3 oz.)



2 \$16.99 4 \$32.99

& Tomato Sauce An old world recipe of traditional penne pasta & tender beef meatballs. (12 oz.)

Penne with Meatballs



2 \$29.99 4 \$58.99

Beef Stroganoff with Noodles Old fashioned comfort food; lean tender beef in a rich sauce with pasta. (12 oz.)



2 \$16.99 4 \$32.99 œ

Pork Burnt Ends in BBQ Sauce Considered a delicacy in BBQ circles, this slightly fattier piece of meat takes longer to cook, but it's tender and full of flavor. (7.4 oz.)



2 \$55.99 **4** \$107.99

Beef Wellington En Croute* This is a classic dish of English cuisine - a beautiful beef tenderloin covered with duxelles, wrapped in puff pastry. (7 oz.)



2 \$10.49 4 \$20.49

Hickory Smoked Ham These ham steaks come from the center cut. Juicy, tender and delectable, they are hand-rubbed and slow-smoked for a big taste. (7 oz.)



2 \$36.99 4 \$69.99

13 0 Œ

(10 oz.)

(Sous Vide)* Aged beef, seared and then slow roasted with a veal Glace de Veau. Fork-tender beef, with huge flavor.

Boneless Braised Beef Short Ribs



2 \$42.99 4 \$79.99

13 0

Veal Osso Bucco (Sous Vide)* Braised Veal Osso Bucco in Veal Demi Glace, tender and scrumptious! (16.9 oz)

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poultry



2 \$25.99 4 \$49.99

4 \$46.99

LS RG

2 \$17.99

4 \$34.99

15 (F

Chicken Ana Luisa*

(8 oz.)

These boneless skinless chicken breasts are stuffed with artichokes. ham and Gruyère cheese in a cream sauce. Heaven on a plate! (8 oz.)



2 \$23.99 **Chicken Parmigiana** Breaded with panko breadcrumbs and

4 \$46.99

smothered in rich tomato sauce, the chicken breast is then baked again with Parmesan and Mozzarella cheeses for the perfect Chicken Parmigiana! (10 oz.)



6 \$32.99

Chicken Pot Pie - Family Size Flaky pastry, big chunks of white and dark meat with vegetables, all in a delicious gravy. (6.7 oz.)





Chicken Pot Pie - Individual Not your ordinary pot pie here. We have created a classic with this delicious magical deep dish chicken pot pie. (11 oz.)





Roasted Turkey Breast - 4 lbs. Family Size

Perfectly seasoned....a succulent, moist, boneless turkey breast to slice up for a special dinner.



4 \$53.99 **15** RG

(8 oz.)

This is the classic chicken recipe stuffed with slices of Canadian bacon and Swiss cheese, then lightly breaded.







Chicken Fettuccini Alfredo Homemade pasta, boneless tender chicken, cream, butter, Parmigiano Reggiano and seasonings go into this (11 oz.)



2 \$24.99 4 \$47.99

13 **(**1 C

Roasted Turkey with Gravy Natural Roasted Turkey Breast sliced thick and covered with oodles of flavorful Turkey Gravy. (10 oz.)



2 \$17.49 4 \$34.49 B

Southwest Chicken Casserole Tender chicken, spicy salsa, cheese, olives and beans make this a fiesta of flavor! (11 oz.)



Check our website or call us for nutritional information on diabetic friendly, dairy free, gluten free and low cholesterol meals. Product substitutions may be made based on product availability

pasta & other items



2 \$15.99 4 \$30.99

Cheese Ravioli with Marinara Sauce

Ravioli stuffed with four cheeses in a rich marinara sauce. (10 oz.)



2 \$17.99 4 \$34.99

13 (6)

Cheese & Spinach Manicotti A light yet satisfying dish of spinach, ricotta, pecorino and mozzarella cheeses, topped with a fresh marinara sauce. (11 oz.)



2 \$9.99 Crustless Spinach Quiche 4 \$19.49 (Twin Pack)

A fluffy egg dish with spinach, Swiss cheese and cream, prepared crustless for a healthy meal. (4 oz.)



Eggplant Parmigiana*

A customer favorite, eggplant smothered in tomato sauce and pesto, then covered with two cheeses and baked. (Add your own pasta for a very filling meal!) (10 oz.)



2 \$31.99 **4** \$61.99

RC V

Fire Roasted Vegetable En Croute* A torte of grilled, sliced vegetables mushrooms, sweet bell peppers, grilled eggplant slices and squash - layered with wheat berries, spinach, and pesto, in a decorated puff pastry. (8.5 oz.)



4 \$23.49

13 13

Macaroni and Cheese This classic dish starts with a handmade elbow macaroni and gets liberally doused in a sauce of rich, creamy cheddar and Parmesan cheeses. (10 oz.)



2 \$18.99 4 \$36.99

13 15

Mushroom Ravioli Meaty Portabellas and earthy Shiitake mushrooms stuffed in pasta and drenched in our delicious tomato sauce. The result is perhaps our best tasting pasta ever! (10 oz.)



2 \$18.99 4 \$36.99

LS V

with Pesto* 13 (6)

Healthy and light summery lasagna with mushrooms, spinach and a layering of pesto. (10 oz.)

Spinach Mushroom Lasagna

Portabella & Shiitake



2 \$9.49 **4** \$18.49

LS RC

Potato & Cheese Pierogi* Try a scrumptious pierogi plate and make dinners exciting again! (3 oz.)



2 \$9.49 **4** \$18.49

01 (15)

Sauerkraut Pierogi Bite into the tart and tangy flavor of a sauerkraut pierogi, delivered to your door! (3 oz.)

seafood



2 \$17.99 4 \$34.99

B

Baby Clams & Linguini with **Tomato Marinara 15 0**

Fresh linguini smothered in a light marinara and loaded with baby clams.



2 \$34.99 4 \$67.99

Made with 100% Blue Crab. So crammed with crab they are truly the best Crab Cakes ever! (4 oz.)



2 \$23.99

Salmon Caponata

Crab Cakes*

4 \$46.99

Rich wild salmon perfectly cooked and served under a layer of vegetables with a light tomato sauce. (10 oz.)



2 \$24.99 4 \$48.99

Shrimp Fettucine Alfredo Homemade fettucine and juicy shirmp cloaked in a rich, creamy parmesan sauce. (10 oz.)



4 \$38.99 13 (6) Tilapia with Mushroom and Artichoke Hearts A light and tasty fillet of tilapia napped with a creamy, buttery sauce with sautéed mushrooms and artichoke. (10 oz.)



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Low Fat (3g or less of fat per 100g)

sides



2 \$10.99

4 \$20.99



Apple & Sage Stuffing

Traditional spices, apple sauce and sage. Expect lots of flavor - and lots of memories, too. (5 oz.)



2 \$10.99 4 \$20.99

OF (F) IS V

Barley Vegetable Pilaf Barley is high in fiber and low on the glycemic index, and this pilaf is delicious, too! (4 oz.)



2 \$11.99

4 \$22.99



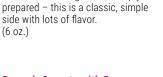
Broccoli & Cauliflower with Cheese Sauce

Just like Mom used to make! Rich cheese sauce over crisp vegetables. (6 oz.)



2 \$10.99 4 \$20.99 Broccoli, Peas & Corn Fresh, colorful vegetables simply prepared - this is a classic, simple side with lots of flavor.







2 \$12.99 4 \$24.99

6 6

Brussels Sprouts with Bacon Cooked just right, these Brussels Sprouts are tender and slightly crispy. We pair them with bacon, and they are a sensation! (6 oz.)



2 \$11.99 **Buttered Carrots**

Sliced new carrots in a healthy broth/ 4 \$22.99 butter sauce. Sweet, crisp and tender. LS 🚺 (6 oz.)







8-oz. container of cranberry sauce with a touch of orange to brighten the flavor. (2 oz.)



2 \$12.99

4 \$24.99

Fresh Cut Corn Medley Leave the cans of soggy veggies in the cabinet for a rainy day, and enjoy this fresh, crispy corn mixed with sweet peppers and onions. (6 oz.)



2 \$12.99 4 \$24.99

C C

French Green Beans with Mushrooms & Cream Sauce Rich and delicious, this veggie dish will have everyone coming back for more. (6 oz.)



2 \$11.99

4 \$22.99



Haluski Kapusta Translated as Cabbage and Noodles, our Haluski Kapusta uses tasty kielbasa and real butter! (6 oz.)





4 \$22.99

Magic Mashed Potatoes Why are our Mashed Potatoes magic? Try them and you will see why they are one of our best sellers! (6 oz.)



2 \$11.99

4 \$22.99 Rice is cooked in a light vegetable stock with fresh vegetables for a flavorful, low fat side dish. (6 oz.)

Rice with Mixed Vegetables



2 \$11.99

4 \$22.99

1 1 1 1 V

Rosemary Potatoes A classic side dish! Roasted red potatoes are seared in a fine olive oil with rosemary to make a great dish that will complement any main course! (6 oz.)



2 \$13.99 4 \$26.99

13 **1**3 RC

Bacon, sour cream, butter, cheese, and spices make this stuffed potato absolutely delicious! (7 oz.)

Stuffed Baked Potato*



2 \$11.99

4 \$22.99

Sweet Potatoes, Mashed Easy and delicious sweet potatoes, mashed with butter and a little cinnamon. A tasty sweet potato dish! (6 oz.)



2 \$5.99

DF

Turkey Gravy 8 ounce container of silky Turkey Gravy. (8 oz.)

dessert



2 \$9.99 4 \$19.49

Blintz - Blueberry Choice of filling wrapped inside a tender crepe-like pancake makes a LS RC great breakfast or brunch item. (2.2 oz.)



8 \$19.99

Lemon Tarte (Family Size) The "jolt" of lemon in every bite of this 8" tart is incredible. (3 oz.)



2 \$8.99 4 \$17.49

Carrot Cake* Chef prepared and made with the highest quality ingredients, this Carrot Cake is a perfect 10. (4 oz.)



4 \$8.99

13 **(**5

Magic Mini Chocolate **Chip Cookies** They might be little, but they pack a big chocolate punch

(2 oz.)



2 \$9.49 4 \$18.99 **13 (7)**

Chocolate Ganache Cake Dark, moist chocolate cake is layered with velvety chocolate ganache, an irresistible treat. (4 oz.)

Family Size (3.4 oz.)



4 \$19.99

13 (L)

Panna Cotta - Signature Dessert Chilled Italian custard topped with a raspberry glaze that is an authentic recipe direct from Italy. (4 oz.)



2 \$11.99 4 \$22.99 13 🕡

Cinnamon Raisin Bread Pudding Old fashioned melt-in-your mouth bread pudding topped with the best caramelrum sauce in town! Oh so good. (5.5 oz.)



2 \$7.99 4 \$15.49

13 L

Pucker Up Lemon Loaf If you are looking for a classic homestyle dessert that is easy to serve with little mess, look no further. Simple, lemony goodness. (4 oz.)



2 \$9.49 4 \$18.99

13 **(**3

Double-Fudge Brownie Rich, dense, and chewy. It doesn't get better than this! A chocolate lover's treasure. (2 oz.)



Tiramisu

This Italian cake is heaven on a spoon! Enough said!! (4 oz.)



4 \$8.49

13 **(**5)

Hamentashen Little three-cornered pastries filled with fruit filling. This is a variety pack with four fillings: raspberry, apricot, cherry, and strawberry. (1.9 oz.)



2 \$9.99 4 \$19.49

(B)

RC

U-Bake Apple-Raisin Strudel Imagine the aroma of a baking apple-raisin strudel filling your house. (5 oz.)

healthier desserts ...





3-Pack \$3.99

Mighty Shakes Delicious flavors, Protein and calorie dense, Easily consumable sizes. 3 flavors -Chocolate, Vanilla & Strawberry! (4 oz.)



3-Pack \$6.99

1 1 1

Sorbets Perfect for those who need lower sugar options, but still want a party in their mouth! Sin Free Sorbet has only 35 calories per yummy serving! 3 flavors - Orange, Strawberry & Lemon! (3 oz.)

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MagicKitchen.com

Complete Meals

Ourchefsanddietitianscontinuetoexpandthisnutritiouslineofsimpleto-prepare meals designed to promote good health.

- Low sodium
- -Renal(CKDStage3&4)*
- Diabetic-friendly
- Dialysis-friendly*
- Portion-controlled Nutritionally balanced



MK Signature Meals

"MK Signature Meals" are our premium line of complete meals, denoted with a special icon. These meals are designed to be nutritionally balanced and appropriate for various special diets. Special care is taken to use top quality ingredients and to ensure the meals are extra tasty and flavorful. More meal selections are available online.



Baked Tilapia, Brown Rice & Minted Carrots



Beef Bourguignon, Brown Rice & Broccoli



Beef Lasagna with Peas & Carrots



Braised Short Ribs with Black Bean & Corn Medley



Cheese Omelet, Broccoli & Cinnamon Apples



Cheese Tortellini with Pesto & Mixed Vegetables



Cheese Tortellini with Pomodoro Sauce



Chicken Cheese Enchilada with Tomatillo Sauce, Rice & Pinto Beans



Chicken Marsala with Mashed Potatoes



Chicken Meatballs with Spaghetti & Zucchini



Chicken Paprika with Brown Rice and Green Beans



Chicken Parmigiana, White Rice and Carrots



Crab Cake, Brown Rice & Mixed Vegetables



Eggplant Parmigiana and Polenta with Spinach & Roasted Peppers



Italian Style Chicken Breast (Caponata) with Orzo & Spinach



Marinated Chicken with Cilantro Rice & Roasted Potatoes



Meatballs With Penne Pasta & Peas



Meatloaf & Tomato Sauce, Brown Rice with Peas & Carrots



Plain Omelet, Sweet Potatoes & Broccoli



Roast Turkey Pizzaiola & Rice Pilaf



Roast Turkey with Gravy & Mashed Potatoes with Peas



Salmon Caponata with Orzo & Spinach



Salmon & Vegetable Linguini



Spaghetti Pasta with Beef Bolognese



Spinach Mushroom Lasagna with Garlic Green Beans

.....



Tilapia & Rice Pilaf with Mushroom & Artichoke Hearts



Turkey Chili with Brown Rice



Vegetable Caponata with Orzo & Spinach

Many more Breakfast - Lunch -Dinner meal options are available online!



Offices & Distribution Center

11310 West 80th Street Lenexa, Kansas 66214

Customer Service Toll Free: 1-877-516-2442 816-492-3220

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NATIONWIDE DELIVERY



Order Online 24/7

A full list of gift bundles and other special diet bundles are on our website or available upon request.

HABLAMOS ESPAÑOL

How to Order



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Fax: 816-492-3221

International: 816-492-3220

Mon-Fri: 7am - 6pm CT Weekends: 8am – 2pm CT



Delivery costs are based on the weight of the order and distance shipped. To calculate actual shipping costs please go to our website or contact our order department.

Each individual item includes cooking instructions, ingredients, and nutritional information. This information is also available on the website.

> 1-877-51-MAGIC www.MagicKitchen.com